

**QUARTERLY NEWSLETTER
EDITION IV
JULY- SEPTEMBER 2024**



**MINHA A ONE YEAR OLD
NICU GRADUATE,
JOINED TO CELEBRATE
SICHN'S 2ND
ANNIVERSARY**

ALL THE LATEST UPDATES IN THIS EDITION: FROM INTERNATIONAL RESEARCH PUBLICATIONS, PATIENT PARENTS' STORIES, AND HISTORY-MAKING PROCEDURES TO COMPLETING 2 YEARS IN SERVING THE NEONATES AND CHILDREN IN SINDH



MEDICAL TRAINING PROGRAM IN SOUTH KOREA

SICHN Children's Hospital doctors and staff, committed to providing world-class healthcare to young patients, participated in a medical training program in South Korea. The enriching experience fostered knowledge exchange and celebrated diversity, reflecting SICHN's commitment to innovation and ensuring their team remains at the forefront of pediatric medicine.

VISIT OF MPA FAYYAZ ALI BUTT



MPA Fayyaz Ali Butt visited SICHN and praised the institute's efforts in providing quality healthcare for children. He expressed a strong interest in establishing a children's hospital in his district, Mehar Taluka, to expand accessible pediatric care and support the well-being of children in his community.



MAJOR MILESTONE AT CHILDREN'S HOSPITAL SUKKUR

Our team, led by Dr. Israr Ahmed Shaikh, Head of Pathology, has successfully performed the first FNAC procedure. This accomplishment marks a significant step toward enhancing diagnostic care for our young patients in Sukkur. SICHN is proud to advance its services and provide better healthcare.



➤➤➤ NEWSLETTER

UNICEF CONDUCTED AN ECD EVALUATION AT SICHN'S ECD CENTRE, WHERE PARENTS AND STAFF SHARED INSIGHTS ON ADVANCING EARLY CHILDHOOD DEVELOPMENT INITIATIVES.



➤➤➤ 13TH PEDIATRIC FUNDAMENTAL CRITICAL CARE SUPPORT

Sindh Institute of Child Health & Neonatology (SICHN), in collaboration with PFCCS and AKUH, hosted a two-day comprehensive course on the 13th Pediatric Fundamental Critical Care Support (PFCCS) course. The event featured lectures and hands-on sessions that addressed fundamental management principles for managing critically ill pediatric patients.

SICHN EARLY CHILDHOOD DEVELOPMENT CENTRE VISIT



SICHN, leading the early childhood initiative in Sindh in collaboration with UNICEF, is making strides in development. Recently, UNICEF team, including Jhon Thomas, Anteneh Girma Minas, Prem Bahadur Chand, Dr. Mazhar Iqbal, and Bilal Khalid, visited the ECD center and appreciated SICHN's impactful work as their partner in Sindh.



➤➤➤ TWO RESEARCH PUBLICATIONS IN INTERNATIONAL JOURNAL OF CONTEMPORARY PEDIATRICS (IJCP)

1. The International Journal of Contemporary Pediatrics has published a pivotal research article, "Prevalence, Risk Factors, and Outcomes of Acute Kidney Injury in Critically Ill Children with Hematological Malignancies," featuring contributions from Dr. Anwar ul Haq and lead author Dr. Sartaj Aijaz.
2. The PICU team at Sindh Institute of Child Health & Neonatology - SICHN, led by Dr. Anwarul Haq, has their research "PICU Admission Order Set: A Quality Improvement Initiative in a Developing Country" published in the International Journal of Contemporary Pediatrics.

SICHN IN COLLABORATION WITH THE HEALTH DEPARTMENT, GOVERNMENT OF SINDH AND UNICEF, PLAYED A PIVOTAL ROLE IN PROMOTING AND ADVOCATING FOR WORLD BREASTFEEDING WEEK FROM AUGUST 1ST TO 7TH



BREASTFEEDING AWARENESS WALK IN LARKANA

Prof. Jamal Raza, Executive Director of SICHN, led the Breastfeeding Awareness Walk at Sheikh Zayed Hospital for Women, Larkana. The event aimed to raise awareness about the critical role of breastfeeding in promoting newborn health, educating families on its numerous lifelong benefits and encouraging community support for breastfeeding mothers.

BREASTFEEDING AWARENESS SESSION IN SUKKUR

At the Breastfeeding Awareness session in Sukkur, Dr. Shahid Raza, COO of SICHN, and Dr. Iqrar Ali, Head of Neonatology at Children Hospital Sukkur, shared their profound insights on breastfeeding. The session empowered mothers with hands-on training, guiding them in the nurturing practice of feeding their newborns, fostering healthier beginnings.



BREASTFEEDING AWARENESS SESSION AT SOBHRAJ MATERNITY HOSPITAL

At the Breastfeeding Awareness session at Sobhraj Mother and Child Hospital, Prof. Syed Jamal Raza, Executive Director of SICHN, and Prof. Syed Rehan Ali, Head of Neonatology at SICHN, addressed doctors and mothers. The session emphasized the health benefits of breastfeeding, encouraging informed practices for nurturing newborns.



➤➤ NEWSLETTER

**PROF. SYED JAMAL RAZA,
EXECUTIVE DIRECTOR-SICHN, SPOKE
AT THE PROVINCIAL ADVOCACY &
SENSITIZATION SEMINAR
ORGANIZED BY RMNCH, HEALTH
DEPARTMENT, GOVERNMENT OF
SINDH, WHO, AND UNICEF.**



➤➤ **MALNUTRITION IN CHILDREN**

Prof. Fahmina Arif, Consultant Pediatrician, delivered an enlightening session on "Malnutrition in Children" at SICHN Children's Hospital, Korangi 5. Doctors and trainee fellows benefited immensely from her vast experience, gaining crucial insights to tackle malnutrition and improve pediatric care. The session emphasized the importance of early intervention and evidence-based practices in combating this critical issue.

**SICHN'S IMPACT ON CHILD
HEALTH IN SINDH ON METRO 1** <<<

Prof. Jamal Raza, along with Ms. Anum Shakeel, Head of Media, appeared on Metro One News' "Muskurati Morning" with host Arsala to discuss the impactful work SICHN is doing for the children of Sindh. They highlighted key initiatives focused on improving pediatric healthcare, emphasizing SICHN's commitment to advancing child health and ensuring accessible treatment for all children in the region.



➤➤ **SICHN BIDS FARWELL TO
MR. HAMMAD AND MR. AZIZ**

SICHN bids a heartfelt farewell to Hammad and Aziz, recognizing their dedication and contributions to the organization. Their hard work and commitment have made a lasting impact, and they will be greatly missed. We wish them success and happiness in their future endeavors.

A HISTORIC MILESTONE AT SICHN CHILDREN'S HOSPITAL SUKKUR: WE PERFORMED OUR FIRST-EVER BONE MARROW BIOPSY ON A CHILD, MARKING A SIGNIFICANT ACHIEVEMENT IN PEDIATRIC CARE.



ADDRESSING CHILDHOOD DEPRESSION ON NATIONAL TV

Our clinical psychologist, Marvi Soomro, recently appeared on Dharti TV, where she shared her expert views on children's mental health, focusing on depression. During the program, she emphasized the importance of early intervention, providing valuable advice to parents and caregivers on recognizing signs of mental health issues and offering support. Her insights aimed to empower families to address these challenges and create a nurturing environment for young minds to thrive.

BRIEF ON IPC PROTOCOLS AT SICHN

A 4-day IPC training hosted by IHHN at Children's Hospital Korangi 5 gathered participants from various public health facilities, including SICHN doctors and staff. After the training, external participants visited SICHN to observe its IPC practices. Shahzad Ayub and Project Coordinator Farah Shakir from IHHN commended SICHN's efforts, while Amjad Ali from SICHN's Infection Disease Department provided insights into the hospital's effective IPC protocols.



SICHN CONCLUDES 1-YEAR TECHNICIAN COURSE

SICHN successfully conducted the 1-Year Technician course, culminating in the final term exams. Our experts, including Dr. Tasmeena, Dr. Azeem, Dr. Salima, Head Nurse Niaz, Maria, Alex, and Lab Incharge Ms. Nosheen, rigorously evaluated the students' essential skills.

SICHN CHILDREN'S HOSPITAL SUKKUR PROUDLY LAUNCHED THE IPD GENERAL PEDIATRICS WARD, WITH OUR FIRST PATIENT PERFORMING THE RIBBON-CUTTING, SYMBOLIZING OUR COMMITMENT TO CARE.



PATIENT'S PARENT PERSPECTIVE: FROM PARALYSIS TO WALKING AGAIN

With tears in her eyes, a mother reflects on her son's painful journey at SICHN Children's Hospital Korangi, where severe fever led to paralysis. She felt helpless, fearing the worst. However, thanks to Dr. Lajwanti's expert care and intensive physiotherapy, her son has regained strength and is now a normal, active child, bringing overwhelming joy to her heart.

SICHN EARLY CHILDHOOD DEVELOPMENT CENTRE VISIT



Ms. Karen Reidy, Chief Communication Officer at UNICEF, visited the SICHN Early Childhood Centre, meeting with staff, doctors, and parents. The visit, facilitated by Ms. Anum Shakeel, Head of Media and Communications, highlighted the importance of early childhood development. We appreciate Ms. Raidy's support and the insights she shared with us.



SESSION ON FEVER AND IT'S MANAGEMENT

Sindh Institute of Child Health & Neonatology (SICHN) Children's Hospital Sukkur conducted a workshop on fever and its management, led by RN Ali Jaan and facilitated by Dr. Parveen Wassan. The session provided healthcare professionals with valuable insights on effective diagnosis and treatment, aiming to enhance pediatric care for young patients.

➤➤ NEWSLETTER

PROF. JAMAL RAZA, ED-SICHN, PRESENTED THE COUNTRY ACTION PLAN AT THE "NOURISHING SOUTH ASIA" CONFERENCE IN KATHMANDU, FOCUSING ON IMPROVING NUTRITIONAL CARE FOR INFANTS AT RISK OF MALNUTRITION AND POOR DEVELOPMENT.



➤➤ SICHN CHILDREN'S HOSPITAL SUKKUR VISIT BY GOVERNMENT OFFICIAL

MNA Khursheed Ahmed Shah visited Sindh Institute of Child Health & Neonatology (SICHN) Children's Hospital in Sukkur, where Dr. Mansoor Khokhar, Director of Operations, provided him with a guided tour of various departments. He appreciated our doctors and staff for their relentless dedication to providing high-quality care to the children of Sukkur, Sindh. He recognized our state-of-the-art facility as a blessing for the community, bringing hope and health to countless young lives.

ECG TRAINING BY UNICEF TEAM AT SICHN CH-KORANGI-5



An Early Childhood Development (ECD) training session was conducted at SICHN Children's Hospital Korangi, facilitated by teams from UNICEF and AKUH in collaboration with SICHN. This initiative reflects SICHN's commitment to staff training and development, enhancing their skills to provide better care for children in need.



➤➤ MOU SIGNING BETWEEN SICHN AND PMSG

MoU was signed between the Sindh Institute of Child Health and Neonatology (SICHN) and PRIME Medical Specialists Group (PMSG). Prof. Jamal Raza, Executive Director of SICHN, and Shafiq Hyder Musavi, President of PMSG, signed the agreement, witnessed by Dr. Shahid Raza, Chief Operating Officer of SICHN, and Anum Shakeel, Head of Communications and Media at SICHN. This MoU aims to initiate Clubfoot surgical and rehabilitation services across the province of Sindh.

➤➤ NEWSLETTER

DR. AZRA PECHUHO, PROVINCIAL MINISTER OF SINDH FOR HEALTH AND POPULATION WELFARE, VISITED SICHN CHILDREN'S HOSPITAL SUKKUR, HIGHLIGHTING THE GOVERNMENT'S COMMITMENT TO IMPROVING PEDIATRIC HEALTHCARE



➤➤ VISIT TO SICHN CHILDREN'S HOSPITAL KARACHI BY RELIGIOUS SCHOLAR

Mufti Abdul Manan from Darool Uloom Karachi visited the Sindh Institute of Child Health and Neonatology (SICHN), where he was welcomed by Prof. Syed Jamal Raza, Executive Director, Dr. Shahid Raza, COO, and Prof. Rehan Ali. They gave him a tour of the state-of-the-art facility. Impressed by the hospital and cleanliness, Mufti Abdul Manan remarked that he had never seen such a well-organized and clean government hospital before.

INTERNATIONAL DELEGATION VISIT TO KARACHI AND SUKKUR HOSPITALS <<<

A Korean delegation from the Korean Foundation for International Healthcare (KOFIH), led by Ms. Min Sang Hee & Jin-Won Noh, visited SICHN Children's Hospital Korangi 5. They were welcomed by the SICHN team. During the visit, the delegation toured the facilities and provided insights on KOFIH's training initiatives for healthcare professionals in various countries.



➤➤ WORLD PHARMACISTS DAY 2024 CELEBRATION AT SICHN KARACHI, SUKKUR, AND SHAHEED BENAZIRABAD



>>> NEWSLETTER

AT THE 1-YEAR TECHNICIAN COURSE GRADUATION CEREMONY, PROF. SYED JAMAL RAZA AND DR. SHAHID RAZA PRAISED THE STUDENTS' ACHIEVEMENTS AND ASSURED 100% JOB PLACEMENT FOR TOP-PERFORMING GRADUATES.



>>> **WORLD PHYSICAL THERAPY DAY 2024**

At SICHN, we are proud to feature Dr. Lajwanti, a highly skilled physiotherapist. A graduate of Ziauddin University (2021), Dr. Lajwanti is registered with the Pakistan Physical Therapy Association (PPTA) and has extensive experience in various ICUs, outpatient clinics, and specialized areas. Since joining SICHN in 2023, she has treated over 4,000 patients from across Pakistan. With advanced training and hands-on workshops, Dr. Lajwanti has helped transform patients' lives from dependency to independence through her expertise and compassionate care.

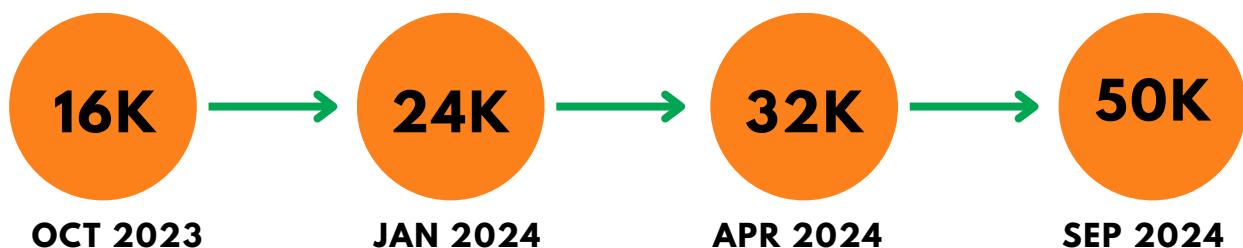
STORY OF EMAAN, CHILD WITH WEAK LOWER LIMBS <<<

World Physical Therapy Day, celebrated on September 8th, highlights the vital role of physical therapy in helping children overcome injuries, disabilities, or developmental delays. This essential care enhances their independence, mobility, and overall well-being, ensuring they lead healthier, more active lives. At SICHN Children's Hospital, we proudly share inspiring stories like that of Emaan. Her mother had lost hope that her daughter would ever walk due to her weak lower limbs. However, with the unwavering support and dedication of Dr. Lajwanti, our skilled physiotherapist, Emaan can now stand and walk independently, marking a remarkable achievement in her recovery journey.

>>>

OUR IMPACT ON SOCIAL MEDIA

Reach Growth



CELEBRATED TWO MAJOR MILESTONES: SICHN CHILDREN'S HOSPITAL'S 2ND ANNIVERSARY AND PAKISTAN'S 77TH INDEPENDENCE DAY



We joyously celebrated two monumental milestones: the 2nd Anniversary of SICHN Children's Hospital Korangi and Pakistan's 77th Independence Day. The highlight of the event was the heartwarming cake-cutting ceremony, led by our NICU graduate—a brave preterm baby girl who recently turned one. Her presence made the celebration deeply emotional for everyone, symbolizing our unwavering dedication to saving fragile lives and nurturing Sindh's future. This precious child embodies the success of our tireless efforts and the compassionate care our team provides to every newborn, giving them the best chance at a healthy future.

FROM THE EDITOR'S DESK

This edition of our quarterly newsletter reflects the progress and commitment of SICHN in delivering exceptional pediatric and neonatal care. Over the past months, our dedicated team has made great strides in advancing healthcare for children, with innovative projects, inspiring patient stories, and impactful partnerships.

As we mark SICHN's 2nd anniversary, our mission to serve the children of Sindh remains stronger than ever. Your continued support is invaluable. Please feel free to share your feedback and comments with me at anum.shakeel@sichn.com.pk.

Anum Shakeel, Head of Communications and Media, SICHN, Newsletter Editor

Nurturing Future Generations; Building Healthier Nation Together..



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